

Shin's TaeKwonDo Academy
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2nd Green Belt Vocabulary & Requirements

Vocabulary

Ready for kicking	Bal-cha-ki joon-be
Start/Begin	See-jak
Break/Stop	Kalyo
Continue	Kay-sok
Grandmaster	Gwan-jang-nim
Thank you	Gahm-sa hap-ni-da
You are welcome	Chun-man-nay-yo

Counting

41	Ma-hun Hana	46	Ma-hun Yah-sut
42	Ma-hun Dool	47	Ma-hun Il-gohp
43	Ma-hun Set	48	Ma-hun Yau-dull
44	Ma-hun Net	49	Ma-hun Ah-hope
45	Ma-hun Dah-sut	50	Shee-hun

Kicking Terms (cha-ki)

Back Kick	Dwe-cha-ki
Out to in Crescent Kick	Ahn-oo-ro chik-ki
In to out Crescent Kick	Ba-kaht-chik-ki

Defense/Blocking terms: (Mak-ki)

Low block	Ah-ray mak-ki
High block/Face block	Uhl-goor mak-ki
Inside block	Mohm-tong ahn-mak-ki
Outside block	Mohm-tong pa-goht-mak-ki

Belt Coloration

Review Green Belt meaning

Meaning of Tae-Geuk Poomse

Tae-Geuk Poomse #3 Tae-Geuk Sahm-Jang (6th Gup)

Symbol is Yi, meaning Fire

Through TaeKwonDo training you have developed physical strength and inner power. Now is the stage where the more effort you put out, the more your enthusiasm burns. The new movements include: Back stance, knife hand block, and knife hand strike. The new combinations include: Block punch, and block kick (which require quick speed and ability). Puts speed in defense and power in attack.

Review

All White, Yellow, and Green belt Vocabulary Sheets

Testing Requirements

Vocabulary
Poomse: Tae-Geuk #3 / Tae-Geuk Sahm-Jang & Previous Poomses
One Step sparring: #7,8
Kicks: Previous + Above Kicks
Board Break: With any above kick