Shin's TaeKwonDo Academy 6524 NE 181st St. #8 Kenmore, WA 98028 (425)402-8900 / kenmoretkd.com



2nd White Belt Vocabulary & Requirements

Counting

One Hana Six Yah-sut Two Seven II-gohp Dool Three Set Eight Yah-dull Four Nine Ah-hope Net Ten Yaul Five Dah-sut

Kicking Terms (cha-ki)

Front Kick Ahp-cha-ki
Round Kick Dohlyo-cha-ki
Axe Kick Chik-uh-cha-ki

Tenets of TaeKwonDo

Courtesy
Integrity
Perseverance
Self-Control
Indomitable Spirit

Membership Oath

We, as members, train our spirits and bodies according to the strict code.

We, as members, are united in mutual friendship.

We, as members, will comply with regulations and obey instructors.

Belt Coloration

White Belt

White light gives the appearance of purity and brilliance, but when directed through a prism, we can see that it is composed of all the colors of the spectrum. So it is that the beginner, whose vision is pure and pristine, when it is directed through the prism of training with sincerity and effort, he/she sees his/her potential.

He/she is the seed hidden beneath the winter snow.

Testing Requirements

Vocabulary

Poomse: basic moves only

Kicks: Front Kick, Round Kick, Axe Kick

^{*}Students do not need to know this word for word, just be able to understand and explain.