

Shin's TaeKwonDo Academy

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2nd Yellow Belt Vocabulary & Requirements

Vocabulary

How are you, Master?	Ahn-nyung-Ha-Seh-Yo, Sa-Bum-Nim?
Goodbye, Master	Ahn-nyung-Hee-Gay-Seh-Yo, Sa-Bum-Nim
Master	Sa-Bum-Nim
Training Area	Do-Jang
Uniform	Do-Bok
Form	Poomse
Sparring	Gyo-Roo-Ki
Kicking	Cha-ki

Counting

21	Soo-mool Hana	26	Soo-mool Yah-sut
22	Soo-mool Dool	27	Soo-mool Il-gohp
23	Soo-mool Set	28	Soo-mool Yau-dull
24	Soo-mool Net	29	Soo-mool Ah-hope
25	Soo-mool Dah-sut	30	Su-run

Kicking Terms (cha-ki)

Skipping front kick	Kuruh-ahp-cha-ki
Skipping round kick	Kuruh-dohlyo-cha-ki
Skipping axe kick	Kuruh-chik-ki

Stance Terms (suh-ki)

Front Stance	Ahp-goo-be
Walking Stance	Ahp-suh-ki

Belt Coloration

Review Yellow Belt meaning

Meaning of Tae-Geuk Poomse

Tae-Geuk Poomse #1 Tae-Geuk Il-Jang (8th Gup)

Symbol is Geun, meaning the sky

This is the first and most basic form of TaeKwonDo training. The movements are walking stance, front stance, low block, high block, inside block, middle punch, and front kick.

Review

White and Yellow Belt Vocabulary Sheets

Testing Requirements

- Vocabulary
- Poomse: Tae-Geuk #1 / Tae-Geuk Il-Jang
- One Step sparring: #3,4
- Kicks: Previous + Above Kicks
- Board Break: With any above or previous kick